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# Diversification of teacher's activity for holistic development of children in pre-school education practice

**Summary**: Holistic approaches involve integration of thinking and activities, inclusive ways of working with complex, cross-curricular, interdisciplinary and transcendental connections (Learning for the future, 2011, p. 7). Assessment of existing situations shows that teachers struggle with diversifying learning form and content and with varying the pace of work as well as the difficulty level of tasks. The holistic approach determines that one particular learning or activity sphere cannot exclude the others and that all of them are interconnected in a complex and nuanced way; therefore it is essential to identify the existing links between them. In pre-school education praxis the learning process is still divided into certain subjects with little emphasis on the integrated approach. In the process of implementing the learning content, the curriculum is composed of more than one particular situation or a case. The aim of this article is to describe the positive experience of teachers in terms of diversification of their activities and to determine the diversification principles which can help the pre-school children to discover their uniqueness and enable them to share their subjective experience as well as recognize the link between their lives and the outside world. As the result of this study, the diversification principles of teachers' activities have been determined for the holistic development of children.

**Keywords:** holistic development of children, pre-school education practice, diversification of teachers' activities

Резюме (Ильзе Микольсон, Яна Грава и Линда Павитола: Диверсификация деятельности учителей для целостного развития детей в практике дошкольного образования): Холистические подходы включают в себя интеграцию мышления и действий, интегративные способы работы со сложными, междисциплинарными и трансцедентальными взаимосвязями (Обучение для будущего, 20116 С. 7). Оценка текущей ситуации показывает, что учителя сталкиваются с разнообразными видами деятельности и учебным материалом, а также с отличным друг от друга расписанием и типами заданий. Целостный подход утверждает, что определенные сферы деятельности или обучения не могут исключать другие сферы, и все аспекты связаны между собой сложным образом. Поэтому важно идентифицировать эти устойчивые связи. В практике дошкольного образования процесс обучения разделён на определённые подтемы, при этом главный фокус лежит на интегративном подходе. На практике учебный план состоит из более чем одной определённой ситуации или одного случая. Цель этой статьи - описать позитивные впечатления учителей об их опыте разнообразной профессиональной деятельности и таким образом утвердить принципы диверсификаци, которые могут помочь дошкольникам открыть свои особенности и поделиться своим субъективным опытом, а также установить связь между своей собственной жизнью и внешним миром. В качестве результата этого исследования были подтвеждены принципы диверсификации деятельности учителей для целостного развития детей.

Ключевые слова: целостное развитие детей, дошкольное образование, диверсификация деятельности учителей

**Zusammenfassung** (Ilze Mickelsone, Jana Grava & Linda Pavitola: Diversifizierung der Aktivitäten von Lehrkräften für die ganzheitliche Entwicklung von Kindern in der vorschulpädagogischen Praxis): Holistische Ansätze beinhalten die Integration von Denken und Handeln, integrative Arbeitsweisen mit komplexen, fachübergreifenden, interdisziplinären und transzendentalen Zusammenhängen (Lernen für die Zukunft, 2011, S. 7). Die Bewertung bestehender Situationen zeigt, dass die Lehrkräfte mit der Diversifizierung von Lernformen und -inhalten sowie mit unterschiedlichem Arbeitsablauf und Schwierigkeitsgrad der Aufgaben zu kämpfen haben. Der ganzheitliche Ansatz legt fest, dass eine bestimmte Lern- oder Tätigkeitssphäre die anderen nicht ausschließen kann, und dass alle in einer komplexen und nuancierten Weise miteinander verbunden sind. Daher ist es wichtig, die bestehenden Verbindungen zwischen ihnen zu identifizieren. In der vorschulischen Bildungspraxis ist der Lernprozess noch in bestimmte Themen unterteilt, wobei der Schwerpunkt auf dem integrierten Ansatz liegt. Bei der Umsetzung des Lerninhalts besteht das Curriculum aus mehr als einer bestimmten Situation oder einem Fall. Das Ziel dieses Artikels ist es, die positiven Erfahrungen der Lehrerinnen und Lehrer in Bezug auf die Diversifizierung ihrer Aktivitäten zu beschreiben und die Prinzipien der Diversifizierung zu bestimmen, die den Vorschulkindern helfen können, ihre Einzigartigkeit zu entdecken und ihre subjektive Erfahrung zu teilen sowie auch die Verbindung zwischen ihrem Leben und der Außenwelt zu erkennen. Als Ergebnis dieser Studie wurden Prinzipien der Diversifikation von Aktivitäten der Lehrkräfte für die ganzheitliche Entwicklung von Kindern bestimmt.

Schlüsselwörter: ganzheitliche Entwicklung von Kindern, vorschulische Bildungspraxis, Diversifizierung der Lehreraktivitäten

## Holistic approach in educational practice

Holistic education is a new direction of the global paradigm that focuses on the person (as a subject) and integration of his/her resources, as well as integration of these resources and other external aspects. The educational paradigm shift states that one can no longer follow the absolute models that make education unconscious, mechanical and repetitive. The emphasis cannot be laid solely on intellectual solutions. Holistic education focusses not only on the individual's intellectual aspect; it also implies emotional, physical, social, aesthetic and spiritual dimensions. Therefore, it is sometimes also called – integrated education.

Holistic vision is based on integration of knowledge. Science, art, spirituality and traditions are touching each other in order to create a culture of wisdom that transcends the explicit knowledge fragments of academic disciplines.

Unfortunately, it is not possible to understand the new reality solely on the basis of undoubted knowledge. Holistic approach is trans-disciplinary in its essence, thus one specific learning/ activity sphere cannot exclude the others. All areas are correlated in a complex and nuanced way and the teacher's role is to help the learners to identify the existence of links between them. A holistic vision reveals a new understanding of learning: learning is a personal social perception ability (intelligence) which is important for the person him/herself. Learning takes place on an intuitive, emotional, rational, spiritual, physical, artistic, cognitive and spatial level and joins into the understanding of personality (Nava, 2001).

K. Wilber suggests "the integral concept is trying to incorporate the matter, body, mind, soul and spirit, and how they are manifested in the person, culture and nature" (Vilbers, 2010, p.8). The holistic perspective encourages developing in oneself something a little more whole, to be less fragmented.

J. Miller (2007) points to the fact that the education for child's holistic development includes the establishment of mutual relations, balancing the various methodological and operational elements. The teacher, who bases his/her work on the basic principles of holistic development, allows the child to discover and understand the different correlations and links. Then the learning becomes personal and socially relevant, and knowledge becomes as part of the child's experience (Miller, 2007). In order to implement the holistic approach in educational practice, Miller (2007) has emphasized three basic principles: 1) providing the balance (between: knowledge and imagination, technologies and personality, the interests of the whole group and each child's personal interests, the practical and social orientation of learning and upbringing processes, balance and "merging" of boundaries between the activities organized by a teacher and daily life activities),

2) Inclusion of each child in the group environment (active participation, individual approach, development of emotionally comfortable and safe learning environment),

3) correlations (connection of discovery and understanding of different links, causes and consequences, cross-curricular links, teaching process and the newly acquired information to the child's daily life, personal interests and needs).

With the strengthening of a holistic approach in education, two opposing pedagogical models are confronted: one supports the teaching-centered approach and the other one emphasizes learning (child-centered). It can be said that teachers have a choice between these two models, but in Latvia historically the teaching-centered model is more familiar. The child-centered approach is based on the idea of a person's comprehensive personality development and learning through independent activities, spontaneous self-discoveries and a play. It promotes interaction and cooperation, and a symbolic or simulated play is considered as important as acquiring the cultural skills. The teacher's task, on the one hand, is to design the environment providing equipment for the play and exercises, but on the other hand, to engage in children's pursuits in order to promote the creative self-realization of children and to help with setting realistic and practical goals, decision-making, as well as achieving the outcomes in any sphere of activities (social, spiritual, etc.) (Маслоу, 1997; Alijevs, 2005 etc.). Teachers are facilitators of children's social and intellectual growth. In turn, the teaching-centered model of pre-school education has been influenced by educational theories which sees teacher as an agent for transferring the knowledge and skills. The teaching methods are based on direct teaching, purposefully managed activities and reinforcement, but the entire learning process is based on a structured and planned curriculum.

It is recognized (Pirmsskolas izglītība un aprūpe Eiropā, 2009) that child-centered approach is mainly used in the countries (including Latvia), which follow the educational programme adopted on national level. However, the real analysis of the situation does not fully allow agreeing with this statement (Grava, 2012). In preschool educational establishments of Latvia, in the age group of 3-6 y/o, still mostly a teaching model is implemented which is based on the direct transfer of knowledge and skills by the teacher. But completely denying one model and highlighting the other is also not the most successful solution.

By balancing the principles of teaching and learning models, the development of operational functions and meta-cognitive abilities is promoted, which is necessary for academic learning, with the precondition that there is a certain structure as well as repetition needed for creating automatic reflexes that are indispensable for acquiring reading, writing and mathematical skills.

Therefore, in pre-school education practice, a balanced combination of two models can provide the best results for children. However, from the teacher it requires a new vision and new approach. For Latvian teachers it is the teaching model that is more understandable, more familiar and tested in practice working with children of all age groups. Therefore, the teachers need to understand the basic principles of teaching model and acquire the ability to diversify their activities for implementing the child-centered approach.

### **Diversification of teacher's activity**

In a holistic view, it is the child's active participation that is considered as the main principle that leads to gaining experience (State Regional Development Agency, 2009), and as the result the child arrives to solutions and conclusions. Since the childhood is a particularly important and significant stage of human life cycle, high demands are imposed on the preschool teacher's professional activity, which is largely connected to his/her pedagogical views and approach.

In child-centered approach, the pedagogical principles of preschool education actualize the core values of developing a qualitative learning process, and the primary task for teachers is to organize their activities in a way that each child becomes a full-fledged and active learner and explorer, not – to pass on the teacher's own knowledge (Kompetents pedagogs 21.gadsimtā, 2013).

E. Landau believes that in teaching and upbringing process it is important to ask the 'right' (interestpromoting, suggesting) questions, to teach children to ask questions and also answer their questions. This way it is possible to preserve child's natural curiosity, stimulate the imagination, and make the learning process more interesting (Поддяков, 1988, Chak, 2002; Landau, 2007). Perception is possible if the child him/herself defines his personal thoughts, design his/her understanding. Therefore, it is important for the teacher to diversify his/her activities and establish a dialogue with the child, as well as create a variety of problem situations (Miller, 2007).

There is a big difference whether it is a child who raises the task or the task is raised by the teacher. A task which is raised by a child can easily be canceled or changed, for example, the child interrupts the activity, gets up, runs/ moves around a bit and then returns to the activity that was started – the child follows his/her inner desire and need. If the task is raised by the teacher, the child does not feel so free in it (Röbe, 2008). In contrast, in preschool education there is assumption that the child is interested in activity and is doing a good job if he/she does not interrupt his/her work and stays with the task until the end. This is evidenced by survey results of pre-school teachers (Grava, 2012). However, the children's need for moving and exercising cannot be defined as lack of focus or lack of interest in their activities. The possibility to move freely should be considered as his/her individual need (Röbe, 2008).

D. Berzina has concluded that the helplessness of primary school pupils and their inability to make decisions in unusual situation and act without the teacher's instructions, points to "all correct" type of teaching in preschool. Consequently, the children find the sense of security when meeting the teacher's precise instructions without showing initiative (Bērziņa, 2005). Both in preschool and primary school children are encouraged to think creatively, but without developing independent creative activities already in pre-school (not offering to choose the material or type of activity, not letting to participate with their ideas) it cannot be expect that children will approach creatively the challenges in the future. The child's holistic development can be characterized as open and changing within its boundaries.

Despite the child's activity and the apparent independence, the exploration of the surrounding world is not possible without the assistance or support of an adult (Ocopинa, 2008). That's an adult who can form the child's personal understanding of the links between everyday real-life elements and expressions by diversifying his/her activities, thus creating a positive ground for holistic development of a child. The diversification of teacher's activities allows to see the everyday occurrences and to remedy shortcomings in teaching and upbringing process taking into account the different skill levels, various learning styles, learning needs and interests of children.

Diversification of teacher's activity for holistic development of children in pre-school education practice means:

- 1. Respecting the child's individuality and self-expression teacher supports the child's need to implement his/her intellectual, communicative, artistic or physical abilities; problem-issues, answers to children's questions (Linde, 2003; Bērziņa, 2005; Landau, 2007; Röbe, 2008);
- 2. Acceptance of child's subjectivity teacher knows the interests, needs and abilities of children through daily observations; integrating the learning and connecting it with real life of children (Nava, 2001, Miller, 2007);
- The child has the opportunity to choose teacher supports the child when he/she chooses the goal, content or materials; promotes the skill to choose, to make decisions (Alijevs, 2005; Röbe, 2008);
- 4. Positive conversation, interaction teacher provides feedback by supporting the child (not only by praising or criticizing), forms a dialogue (Поддяков,1988; Chak, 2002).

### **Research design and data collection methods**

This research employs a case study – a method for studying particular individuals, groups or phenomena (Geske, Grīnfelds). Specifically, an educational case study was employed in pre-school education establishments for exploring diversification experience of teacher's activity. The goal of the study: to describe the diversification experience of teacher's activity in preschool education praxis, to clarify if teacher's activity is congruent with conditions of holistic approach, and to determine the diversification principles of teacher's activity for holistic development of children. Interactions during the morning circle and play activities were observed according to the certain criteria (see Table 1).

The research was conducted in three Liepaja preschool education institutions, which implement the guidelines determined by the State ('Regulations on preschool education guidelines', issued by Cabinet of Ministers (CM), Regulation Nr. 533 from July, 31, 2012), and which follow the pilot programme and/or licenced preschool education programme (Vispārējās izglītības likums, 1999). All pre-school education institutions implement a particular daily routine, which is regulated by Regulations of CM (Nr. 890, from September 17, 2013) "Hygiene requirements for child care providers and educational establishments which implement preschool education programme".

The selection of respondents was based on researchers' subjective selection criteria, namely, accessibility, in other words, the most accessible respondents were selected from the general sample. A data gathered from representative sample allow speculating about the characteristics and draw conclusions, which can be applied to the general sample as a whole (state preschool education institutions). In Latvia there are 1028 preschool education establishments, which implement these preschool education programmes (Izglītības un Zinātnes ministrijas 2015.gada publiskais pārskats 2016: 8) and the daily routine, which includes a play activity and a morning circle.

In total 6 cases were documented in three establishments: in Pre-school education establishment A – 3 cases, Pre-school education establishment B – 2 cases, and Pre-school education establishment C – 1 case.

Observed cases were documented in video recording. The total length of the video recordings is 4 hours and 25,15 minutes, or 255,09 minutes. In the case study 49 episodes were identified.

The observations fixed in the video recording support several aspects: (1) study of general interactions in pre-school taking into account criteria of meaningful interaction; (2) opportunity to learn about the research participants in their natural conditions; (3) the ability to perceive the teaching process as a whole, observing and repeatedly analysing each of the criteria.

### Data about the cases

#### In Pre-school education establishment A: cases Nr.1, 2, 5.

**Case 1 characteristics**. The case was observed on 20.05.2016. Participants: 1 teacher with work experience of 10 years, 2 teacher's assistants, 18 children (5-6 y/o). Length of the video recording: 42,05 min., 9 episodes documented (1-9). The teacher has worked with this group for 1 year.

**Case 2 characteristics**. The case was observed on 22.05.2016. Participants: 2 teachers with work experience of 11 years, 16 children (4-5 y/o). Length of the video recording: 32.30 min., 13 episodes documented (10-21). Both teachers have worked with this group for 1 year.

**Case 5 characteristics**. The case was observed on 11.03.2015. Participants: 1 teacher with work experience of 9 years, 1 teacher's assistant, 11 children (6-7 y/o). Length of the video recording: 48,05 min., 8 episodes documented (36-44). Both teachers have worked with this group for 1 year.

Preschool educational establishment B. Cases Nr. 3, 4.

**Case Nr. 3 characteristics**. The case was observed on 10.12.2014. Participants: 1 teacher with work experience of 12 years, 1 teacher's assistant, 17 children (6-7 y/o). Length of the video recording: 53,38 min., 6 episodes documented (22-28). Both teachers have worked with this group for 3 years.

**Case Nr. 4 characteristics**. The case was observed on 10.12.2015. Participants: 1 teacher with work experience of 10 years, 1 teacher's assistant, 18 children (3-4 y/o). Length of the video recording: 50,32 min., 6 episodes documented (29-35).

#### Preschool educational establishment C. Case Nr. 6

**Case 6 characteristics.** The case was observed on 15.04.2016. Participants: 1 teacher with work experience of 3 years, 1 teacher's assistant, 11 children (2-3 y/o). Length of the video recording: 29,34 min., 4 episodes documented (45-49). Both teachers have worked with this group for 2 years.

| Nr. | Criterion  | Episode   | Episodes in<br>total | n |
|-----|--|---|----------------------|---|
| 1.  | Respecting child's individual-<br>ity and promoting self-expres-<br>sion | 1, 2, 10, 11, 22, 23, 29, 30, 31, 32, 36,<br>37, 38, 39, 45 | 15                   |   |
| 2.  | Accepting subjective experi-<br>ence of children                         | 3, 4, 12, 13, 24, 46  | 6                    |   |
| 3.  | Children have opportunity to choose                                      | 5, 14, 15, 16, 17, 25, 33, 40, 41, 47                       | 10                   |   |

#### Documented video episodes that correspond to the observation criteria

91

| 4. | Positive conversation, interac- | 6, 7, 8, 9, 18, 19, 20, 21, 26, 27, 28, 34, | 18 |
|----|---------------------------------|---|----|
|    | tion                            | 35, 42, 43, 44, 48, 49, 50                  |    |

The teachers certify that the play activities and the morning circle captured on video recordings were organized in usual circumstances and that there was a casual and well-known atmosphere, and that the teacher and children's behaviour was the same as every day – no differences observed. Interpreting the obtained data, the existing criteria of meaningful interaction was supplemented by internal and external indicators, which allow developing this meaningful interaction in accordance with the child-centred approach.

#### **Research data**

| Criterion     | Description  | Example            | Epizode      |
|---------------|--|--------------------|--------------|
| Respecting    | During the play activity the teacher performs a con-     | "Let's cut very    | Case 1,      |
| child's indi- | trolling activity, walking around the tables and ob-     | accurately! Let's  | Episode 1    |
| viduality     | serving the children's work, talking to the whole        | no hurry!          |              |
| and pro-      | group  |                    |              |
| moting        | Children are performing the task individually bring-     | "Yes, good, put in | Case 2, Epi- |
| self-ex-      | ing the suggested number of dandelions; teacher          | the water!"        | sode 10      |
| pression      | comes to each child and checks whether the task is       |                    |              |
|               | executed correctly ("Yeah, great, put in the water!"),   |                    |              |
|               | and helps to count if the task was done incorrectly      |                    |              |
|               | or if the child does not know what to do                 |                    |              |
|               | Children work at the tables and the teacher calls        | "Now, Davis, I     | Case 5, Epi- |
|               | one-by-one   | would like to      | sode 36      |
|               |  | hear you! Come     |              |
|               |  | to the white-      |              |
|               |  | board! Did you     |              |
|               |  | all understand?"   |              |
|               | The teacher approaches each child and comments           | "Annika, it is     | Case 6, Epi- |
|               | on their actions   | very good that     | sode 45      |
|               |  | you put the glue   |              |
|               |  | on just before     |              |
|               |  | bonding, then      |              |
|               |  | the glue does      |              |
|               |  | not get hard!",    |              |
|               |  | "Very nice that    |              |
|               |  | you took several   |              |
|               |  | colors!"           |              |
|               | During the lesson the teacher does not talk to the       |                    | Case 3,      |
|               | whole group, but to the children closer to her, re-      |                    | Episode 22   |
|               | sponding to the children's questions, commenting         | how interesting    |              |
|               | on her own actions, discussing not only topics re-       | is mine!"          |              |
|               | lated to play activity, but also topics related to chil- |                    |              |
|               | dren's adventures outside the pre-school establish-      |                    |              |
|               | ment. Children talk to each other, compare results,      |                    |              |
|               | discuss the course of action                             |                    |              |
|               | The teacher informs about the results to be              |                    | Case 5,      |
|               | achieved – there is a sample on the whiteboard and       |                    | Episode 37   |

|           | all children make application for the silhouette of       |                     |            |
|-----------|---|---------------------|------------|
|           | the car. Cut paper figures are on everybody's table       |                     |            |
|           | In the beginning of play activity a teacher tells a fair- |                     | Case 4,    |
|           | ytale and raises the problem which she solves to-         |                     | Episode 29 |
|           | gether with the children (looking for hidden objects      |                     |            |
|           | in the room). Children engage without hesitation.         |                     |            |
|           | The teacher offers assistance to children ("Who still     | "Who else needs     | Case 2,    |
|           | needs help to draw a dandelion?). None of the kids        | help to draw a      | Episode 11 |
|           | ask for help but when they hear the teacher's offer,      | dandelion?"         |            |
|           | they start asking for help. The teacher helps to          |                     |            |
|           | draw, holding the child's hand                            |                     |            |
|           | During the play activity ("revealing secrets") each       |                     | Case 4,    |
|           | child has the opportunity to say something, and           |                     | Episode 30 |
|           | then other children can add to it                         |                     |            |
|           | Each child comes and displays how he/she solved           | "Did Elina arrive   | Case 4,    |
|           | the task, and the other children are encouraged to        | at the bunny        | Episode 31 |
|           | express their opinion                                     | house?"             |            |
|           | Children color in a butterfly picture on the work-        | "Take one of the    | Case 1,    |
|           | sheet and a teacher makes a remark                        |                     | Episode 2  |
|           |   | there are no        | 1          |
|           |   | brown butter-       |            |
|           |   | flies!"             |            |
|           | Children ask a lot of questions about how to do the       | "Isn't my dough     | Case 3.    |
|           | task. The teacher responds, showing how to do it          |                     | Episode 23 |
|           | ······································                    | I add more          | _p         |
|           |   | flour?" "How        |            |
|           |   | can I roll it thin- |            |
|           |   | ner?"               |            |
|           | The teacher tells, asks. Children talk to the teacher,    |                     | Case 4,    |
|           | ask questions and respond to the teacher's ques-          |                     | Episode 32 |
|           | tions, but do not talk to each other. Children are en-    |                     |            |
|           | couraged not to talk to each other                        |                     |            |
|           | When asking a question, the teacher encourages            |                     | Case 5,    |
|           | children to raise a hand before answering and             |                     | Episode38  |
|           | speak in complete sentences, but answers are re-          |                     |            |
|           | quired from children who do not raise a hand – they       |                     |            |
|           | are called out  |                     |            |
|           | In the end of the play activity each child is asked a     | "What did we do     | Case 5,    |
|           | question. Children name the activities                    |                     | Episode 39 |
|           |   | worked with         |            |
|           |   | houses of num-      |            |
|           |   | bers, looked for    |            |
|           |   | geometric           |            |
|           |   | forms, worked       |            |
|           |   | with buttons"       |            |
| Accepting | Teacher makes a remark about the choice of the col-       |                     | Case 1,    |
| subjecti- | our for colouring in the shape of the butterfly with-     |                     | Episode 3  |
|           | out exploring child's subjective experience               |                     | _pissue s  |
|           | out exploring ennu 3 subjective experience                |                     |            |

| vity of chil-<br>dren | During activity, no link is created to the real life of<br>a child – teacher introduces children to facts |                                 | Case 1,<br>Episodo 4 |
|-----------------------|---|---------------------------------|----------------------|
| nen                   |   | 113.7 1                         | Episode 4            |
|                       | A child does not get a second chance for performing   | "You do not                     | Case 2,              |
|                       | the same task, even if he/she wants to do it.   | need to do it                   | Episode 12           |
|                       |   | again! You al-                  |                      |
|                       | The teacher asks a question: "How do bees buzz?",   | ready counted "                 | Case 2,              |
|                       | and all children together mimic a buzzing of bees.  |                                 | Episode 13           |
|                       | One of the children says: "the bee has a sharp nose!",  |                                 | -p                   |
|                       | but teacher does not react  |                                 |                      |
|                       | Children are given the opportunity to show their ex-  | "How do you                     | Case 3,              |
|                       | perience  | think, this big                 | Episode 24           |
|                       | perience  | and thick gin-                  | Lpisoue 24           |
|                       |   | -                               |                      |
|                       |   | gerbread piece<br>will bake to- |                      |
|                       |   |                                 |                      |
|                       |   | gether with all<br>others?"     |                      |
|                       | The children are encouraged to express their opin-  | "Do you have                    | Case 6,              |
|                       | ion, and the topic is connected to the daily life of the  | this at home?"                  | Episode 46           |
|                       | child   | "What do you do                 |                      |
|                       |   | with it?"                       |                      |
| Children              | During the play activity children are not offered to  |                                 | Case 1,              |
| have op-              | choose anything, they all execute tasks assigned by   |                                 | Episode 5            |
| portunity             | the teacher and nobody shows any desire to do   |                                 |                      |
| to choose             | something different   |                                 |                      |
|                       | During the task "Draw a dandelion!" the teacher of-   | "You can draw a                 | Case 2,              |
|                       | fers a choice of the chalk color - white or yellow; as  | dandelion as                    | Episode 14           |
|                       | well as drawing technique   | you want or                     |                      |
|                       |   | watch first how                 |                      |
|                       |   | I do it!"                       |                      |
|                       | One of the children does not want to participate in   |                                 | Case 2,              |
|                       | play activity, and it is respected; occasionally the  |                                 | Episode 15           |
|                       | child is encouraged to participate in common activ-   |                                 |                      |
|                       | ities, and the child occasionally participates  |                                 |                      |
|                       | At the end of the dance teacher offers children to  | "And now as we                  | Case 2,              |
|                       | think of/ choose the movement (1 min)   | want!"                          | Episode 16           |
|                       | In the end of the play activity, children are given the   |                                 | Case 2,              |
|                       | opportunity to choose an activity - to draw what  |                                 | Episode 17           |
|                       | they want, to help to put things in right places, to  |                                 | 1                    |
|                       | run   |                                 |                      |
|                       | In the play activity (gingerbread baking) at first  |                                 | Case 3,              |
|                       | only some of the children are participating, the oth-   |                                 | Episode 25           |
|                       | ers are finishing up the previous activities, then  |                                 |                      |
|                       | some more children show interest and get involved.  |                                 |                      |
|                       | Children can choose the duration of activity and  |                                 |                      |
|                       |   |                                 |                      |
|                       | switch activities when they feel so. Children are not   |                                 |                      |
|                       | particularly encouraged to participate – they en-   |                                 |                      |
|                       | gage on their own initiative  | 1                               |                      |

|              | 1   | 1               | 1          |
|--------------|---|-----------------|------------|
|              | During the play activity children are not given the     |                 | Case 5,    |
|              | opportunity to choose an action, technique or dura-     |                 | Episode 40 |
|              | tion for the activity, everyone is doing the same task  |                 |            |
|              | following the same pattern                              |                 |            |
|              | Children have the opportunity to choose the color       |                 | Case 6,    |
|              | and size of napkins for decorating a letter             |                 | Episode 46 |
|              | During the play activity, children are not given op-    |                 | Case 5,    |
|              | portunity to choose activities or techniques; spe-      |                 | Episode 41 |
|              | cific tasks are given                                   |                 | -          |
|              | Children are encouraged to help each other to carry     |                 | Case 4,    |
|              | out the task and to comment on the way the results      |                 | Episode 33 |
|              | can be achieved. The teacher asks for children's        |                 | 1          |
|              | help to accomplish the task                             |                 |            |
| Positive     |   | "Everybody      | Case 1,    |
| conversa-    |   | must carefully  | Episode 6  |
| tion, inter- | the theme of the play activity – "Butterflies" (telling | cut out his/her | Lpisoue 0  |
| action       |   | butterfly"      |            |
|              | about the life span of butterflies, saying that "there  | butteriny       |            |
|              | are no two similar butterflies in the world"); intro-   |                 |            |
|              |   |                 |            |
|              | duces to the tasks and gives instructions for each      |                 |            |
|              | activity (everybody is given a sheet of paper with      |                 |            |
|              | the outline of butterfly)                               |                 | a =        |
|              | The teacher informs about the tasks for the day, ex-    |                 | Case 5,    |
|              | plaining them in details                                | -               | Episode 42 |
|              |   | houses, and     |            |
|              |   | then repeat the |            |
|              |   | geometric       |            |
|              |   | shapes and then |            |
|              |   | will be some    |            |
|              |   | practical work  |            |
|              |   | at the tables!" |            |
|              | The teacher tells a fairy-tale using puppets and in-    |                 | Case 6,    |
|              | teractive whiteboard                                    |                 | Episode 48 |
|              | The teacher performs evaluation at the end of the       | "How beautiful  | Case 1,    |
|              | play activity – saying a general phrase of praise       | butterflies!"   | Episode 7  |
|              | "How beautiful butterflies! No feedback is given.       |                 |            |
|              | Talking to children, occasionally and delicately,       |                 | Case 3,    |
|              | each child's activity is evaluated. If necessary (eg.,  |                 | Episode 26 |
|              | the child starts eating the dough or starts to play     |                 | r          |
|              | with it) teacher approaches the child and explains      |                 |            |
|              | by showing and commenting each activity. If chil-       |                 |            |
|              | dren are not doing properly (insufficient quantity of   |                 |            |
|              | flour on the table and the dough sticks to the table,   |                 |            |
|              | _   |                 |            |
|              | or the gingerbread figures are rolled too thick, etc.), |                 |            |
|              | but the child does not ask for help, the teacher does   |                 |            |
|              | not interfere   |                 | a a        |
|              | The teacher draws together with children a dande-       | -               | Case 2,    |
|              | lion on the asphalt, commenting her activity            | dandelion!"     | Episode 18 |

| The teacher bakes gingerbread together with the  |  | Case 3,               |
|--|--|-----------------------|
| children, and children imitate the teacher's activity  |  | Episode 27            |
| The teacher informs (tells with expression) about  | "Let's sit in the  | Case 4,               |
| the task, and discuss with the children how to fulfill<br>the task   | circle and look<br>at what Janis has<br>prepared!"<br>"How could we<br>help him?!" | Episode 34            |
| The teacher tells stories, asks questions during the   |  | Case 6,               |
| playtime, works together with children during the<br>morning circle (recites a rhyme, sings a song, shows<br>movements), children imitate  |  | Episode 49            |
| Children show the teacher the result of their work, receiving favorable and specific evaluation  | "You've made a<br>very precise<br>form! How did<br>you do that?"                   | Case 3,<br>Episode 28 |
| In the end of the play activity all children are gath-<br>ered at the light table, but children who are stand-<br>ing at the back cannot see the experiment  |  | Case 1,<br>Episode 8  |
| The teacher praises the child if the task is per-  | "Good job!",   | Case 2,               |
| formed correctly without specifying what exactly was the achievement in the child's work   | "Well done!"   | Episode 19            |
| At the end all of activity all children are praised  | "All of you were<br>doing good!<br>Now you can be<br>free! "                       | Case 5,<br>Episode 43 |
| During the play activity only the teacher is talking<br>(tells story, gives directions), the children answer<br>questions during the morning circle. Each child in<br>turn expresses their thoughts about butterfly's life<br>span. In the end the teacher gives the correct an-<br>swer. During the play activity children do not ask<br>questions, do not talk to each other | "How long do<br>you think a but-<br>terfly live?"                                  | Case 1,<br>Episode 9  |
| The teacher asks and answers without waiting for the children to answer  | "What has flown<br>to us today? Lit-<br>tle bees!"                                 | Case 2,<br>Episode 20 |
| The teacher, telling a story and showing (illustra-<br>tively), provides information about the flowering<br>and reproduction of dandelions, and asks children<br>some questions. Children answer questions in the<br>group, demonstrating the wind.  | "What blows<br>away the fluff?"<br>"How does the<br>wind blow?"                    | Case 2,<br>Episode 21 |
| In the beginning of the play activity the teacher<br>talks alone (monologue), the children respond one<br>by one or together, and at the end, while drawing,<br>children ask a lot (about the execution of task) and<br>talk among themselves.   |  | Case 4,<br>Episode 35 |
| <br>During the morning circle teacher speaks, children<br>are silent; they do not respond to the questions or<br>do it very quietly.   |  | Case 5,<br>Episode 44 |

### Discussion

Analysing the obtained data, the diversification criteria of teacher's activity for holistic child development were respected (Nava, 2001, Miller, 2007, Landau, 2007, Röbe, 2008, etc.) It can be concluded that diversification of teachers' activity can be observed varying children's activities, for example, from more active to calmer or including movements in play activities, etc. The research does not show diversification of learning content and forms, or variation of developmental environment, work pace and difficulty degree of the task. The teacher determines the content, goal and objectives of the play activity, thus the children are not offered the opportunity to participate in choosing or developing the activities. The children are encouraged to choose the colour, sometimes activity (at the end of play activity). In none of these cases it was observed that the teacher acts in the way which develops children's ability to choose. The play activities are mainly led frontally, with the whole group, often lecture type narration is observed, children were performing certain tasks, often following the sample given by the teacher. Only in one of the cases teacher was working together with the children, commenting her activity and allowing children to choose their own work pace, duration and also offering the opportunity to choose a different activity.

During assessed play activities no feedback was observed from the teacher when assessing children's work or finishing the activity. Only general praising was observed.

As the result of analysis of obtained data the following conclusions can be drawn:

- 1. In all observed episodes children perform tasks suggested by the teacher, and during the play activities the individual interests of children are not recognized. The subjective experience of children is recognized in 4 episodes, linking the theme of the play activity to child's real life.
- 2. Teaching activity can generally be defined as informative and controlling (11episodes). In 6 episodes it was observed that the teacher is the child's activity partner, by commenting the work and creating positive conversation and interaction.
- 3. Children could choose materials, type of activity or colours in 6 episodes. Teacher' activity which would promote children's ability to choose was not observed.
- 4. During the play activity only a general feedback was observed as praise or critique, without emphasizing the particular achievements of children. Specific feedback was given only in 2 episodes.

Based on the positive teacher activity diversification experience and on theoretical ideas about basic principle of holistic approach and teacher's activity in preschool (Miller (2007), Amabile (2007), Röbe (2008), Nava (2001), Vilbera (2013)), the diversification principles were determined for holistic development of children:

**Individuality principle.** Providing environment for individuality development of children and teachers.

**Self-expression principle**. Each child has the inner necessity (need) to implement his/her intellectual, communicative, artistic, as well as physical abilities. In this process the adult's support is of great importance.

**Subjectivity principle.** Teacher supports the development of child's subjective experience. The upbringing experience has an inter-subjective character.

**Free choice principle.** During the learning process the child has a possibility to choose the aim, content, forms and methods of learning. Self-motivated activity determines/ forms the development of successful learning activity.

**Interaction (trust and support) principle.** During the creative activity the child is able to express his/her abilities, learn his/her "strong" points, and implement his/her research needs. Situations of success encourage self-development of personality (formation of self-concept). Trusting the child supports for the child's efforts in the process of self-realization.

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